



BORONIA JUNIOR FOOTBALL CLUB Inc.

P. O. Box 391 (A 0004878P)
Ferntree Gully Vic. 3156

Thursday, June 11, 2009

This season the Boronia Junior Football Club decided to place a priority on skill development in some key areas we felt we may have been lacking in over the last few seasons.

In the past the club has held coaching seminars both internal and external with key speakers and specialist coaches for our coaches and their staff.

I was fortunate to come across Craig and Andy representing the Plan to Win organization specializing in delivering the message directly to the players. After careful consultation they put together a proposal to improve the kicking and tackling of our competitive age groups.

The day after each session I got nothing but positive feedback from the coaches and parents, the boys have a real skill for getting the message across to all age groups. By all reports our tackling has not only improved but has also increased, which always makes the coaches happy. As for our kicking, there will always be some better than others but with a better understanding of the finer points and technique, more plan to win sessions in the future and practice, practice, practice we will continue to see further improvement.

We will certainly be using Plan to Win next year as an important part of our pre season program.

On behalf of the B.J.F.C. thanks again guys you did a great job with our teams.

Andrew Catley
Junior coordinator
B.J.F.C.

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DEVELOPING SOCIAL & SPORTING SKILLS